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| **1**. **TRAINING ACTIVITIES (SEE ALSO SUPPORTING YOUTH SAILING)** | To be reviewed, updated and monitored by the Training committee. Last reviewed by Trg Committee Mar 2022. |

Objectives:

1. To continue to provide a full programme of fun and informative training.
2. To provide a greater range of training and support to increase participation in sailing and racing.
3. To increase the standard of club racing.

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| Current position | How the club plans to achieve the objectives | | |
| Instructors:  7senior instructors  9 dinghy Instructors  7PBI  8 Assistant instructors  6 club race level 2 coaches  1 coach level 3  On-Board and taster sessions run.  Dedicated training centre with PC driven projector.  For a listing of current training please see Training Programmes. Training courses are open to non-members, (subject to the availability of places).  Adult Training fleet  5 x Wayfarers, additional 1 for land drills  2 x Bahia (asymmetric, centre main to fleet)  2 x Hartley H12/2  6 x Pico  3 x Lasers (multiple rigs)  1 x Xenon | **To consolidate our position:**   1. Maintain status as an RYA Recognised Training Centre. 2. Offer high quality RYA Training to our members and people who want to learn to sail 3. Maintain or increase the number of instructors by encouraging and by subsidising suitable members to attend courses run by the RYA East Midlands Region. 4. Ensure that all instructors have safeguarding checks performed (not just those who instruct children) 5. Attract new members to the Club and the sport through Try Sailing Sessions, 6. Run an Assistant Instructors course, and include Junior Assistant Instructors. 7. Train additional safety boat drivers and instructors where necessary. 8. Encourage appropriate sailors to qualify as Club Race coaches (level 2 coaches). 9. Support Fleet captains to organise fleet training and/or social events to increase participation in sailing and racing. 10. Support sailors who have recently achieved level 1 /2 through mentoring or additional tuition. 11. Run level 3 course, back on the Water, and TRY SAILING days to increase participation 12. Encourage further women instructors from AI through to SI.   **In 2022 to specifically :**   1. Train more instructors particularly SI 2. Maintain the full training programme 3. Support members to get back on the water   **By 2023 to**:   1. Have trained appropriate members as SI/ instructors/Level 2 Club race coaches. 2. Consider swapping out older wooden boats for easier to maintain rotomolded boats | | |
| **2**. **YOUTH SAILING** | | | To be reviewed, updated and monitored by the Training committee. Last reviewed by Trg Committee Mar 2022. |

Objectives: 1. To introduce juniors, inside and outside of the Club, to the enjoyment of sailing and windsurfing as a life-long sport and activity

2. To provide well supported teaching and coaching to junior sailors in a fun and safe environment

3. To provide support and coaching opportunities for young sailors to sail competitively inside, and external to, HSC and to qualify for regional squads.

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| Current position | How the club plans to achieve the objective |
| 1994 Youth training established. Many club members have achieved National squad status in dinghies and sailboards and the Club has trained three National Champions and one Olympic Squad member..  **Event Highlights**  Junior summer sailing week for RYA dinghy sailing courses and windsurfing, is open to non-members. Over 40 young sailors attend this event each year.  Junior RYA start sailing weekend courses are programmed.  TThree weekend and one evening start sailing/On Board courses to attract non members  Regular Sunday morning training and coaching.  Excellent links with NSSCA, try to encourage more participation  Enthusiastic and appropriately trained youth leaders.  Excellent parental support.  Safeguarding procedure is well established and maintained.  More experienced youth sailors:   1. Race in the P&B water series 2. Participate in Zone squad training and class specific national training 3. Participate in club races.   Range of modern club craft provided: 6 Picos, 8 RS Teras, 7 xOptimists, 8 centre mains Toppers,3 Lasers (3 rig sizes), 1 RS Feva, 2x Hartley H12/2 A variety of windsurfing rigs. Taster events held on Tuesday evenings in May and June. | **To consolidate:**   1. Maintain and increase the number of young sailors participating in Regional squads. 2. Improve the sailing and racing of the juniors through programmed coaching and training sessions. 3. Continue to offer to host class training days and Open meetings particularly for craft such as Toppers, Optimists and Lasers, including regional squad training. 4. Maintain the quality of club owned youth craft (see under club craft) to encourage and provide alternative craft for young sailors to sail. 5. Continue to support the links with NSSCA 6. Recruit young sailors through tasters and junior start sailing, and through being a ‘family friendly’ club 7. Maintain links with RYA Coaching and the RYA Development Officer 8. Encourage young sailors to participate in club racing at HSC, and move into local and national events. 9. Continue to provide coached races or race coaching 10. To support young sailors to compete in the P&B Junior Series. 11. Organise Assistant Instructor courses 12. Ensure that we make use of any RYA support available. 13. Progress our Assistant Instructors to help on courses and then move on to becoming DI.   **In 2022:**   1. To grow intake to our Sunday Coaching 2. Encourage more youths to take part in sailing outside of the Club 3. Encourage more youths to take part in BYSR Training Groups   **By 2023 to:**   1. Encourage more club members to become involved in supporting youth training. 2. Make links with other community groups interested in sailing and using the club facilities. e.g. Scouts, schools. |